



Cardiological Society
of India (Delhi Branch)

CSI 2020
DELHI BRANCH

34TH ANNUAL CONFERENCE OF CARDIOLOGICAL SOCIETY OF INDIA-DELHI BRANCH

CURRENT PERSPECTIVES, PRACTICES AND PARADOXES IN CARDIOLOGY

ACCREDITED BY DMC FOR 14.5 HOURS



SCIENTIFIC PROGRAM

14TH & 15TH MARCH, 2020

VENUE:

THE LALIT, BARAKHAMBA ROAD, NEW DELHI

www.csidelhi.org

ORGANISING SECRETARY AND CONFERENCE SECRETARIAT DR. MOHIT D GUPTA

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SESSION 1 : CLINICAL PEARLS

Time 9:00am-12:00pm

Scientific Coordinators : Ankit, Subrat, Sanjeev Kathuria

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Anita Khalil Surajdeep Sen Gupta MK Daga Alok Joshi Vijay Arora Tarun Kumar	Acute rheumatic Fever 2020: A focussed update	13 min	Rajiv Narang
	Hemodynamic from clinical examination	13 min	SS Kothari
	Prosthetic Heart Valve: What a fellow must know?	13 min	JC Mohan
	Cyanosis in an adult: approach and tricks	13 min	S Ramakrishnan
	Low pressure TR: Approach to a case	13 min	Deepti Siddharthan
	Common blunders that MUST be avoided in clinical examination	13 min	Anita Saxena
	Oximetry interpretation made easy	13 min	Saurabh Gupta
	When and how to intervene in common cyanotic CHD?	13 min	Neeraj Awasthi
	Clinical assessment of Valvular lesions: Tips and Tricks to impress the examiner	13 min	Safal
	Is it CCP or RCMP?	13 min	Sushil Azad
10 normal ECG variants that I must remember	13 min	Aparna Jaiswal	

SESSION 2: HTN:CONCEPTS AND CONTROVERSIES

Time 12:00PM-1:00PM

Scientific Coordinators : Safal, Ankit, Tarun

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Case Study	35-year old diabetic male with BP 140/85 on executive check-up; H/O fluctuating BP		Dr Preeti Gupta (Moderator)
Amar Singhal AK Omar SK Agarwal Sunil Attri Pankaj Aneja	Is he hypertensive?HTN guidelines: clearing the clutter and defining my approach "	8 min	Ambuj Roy
	Should I order ambulatory BP monitoring: will it add anything?	8 min	Vinayak Agarwal
	Should I screen for secondary Hypertension? When to suspect and how to approach "	8 min	Neeraj Bhalla
	What should be my first choice antihypertensive? Single or combination; which one?"	8 min	JK Sharma
	Resistant Hypertension: Physician inertia or patient non-compliance?	8 min	RR Kasliwal



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OFFICE BEARERS OF CSI-DELHI BRANCH

Dr. Balbir Singh President	Dr. CP Roy Vice President	Dr. Harsh Wardhan Immediate Past President
Dr. Mohit D Gupta Secretary	Dr. Girish MP Joint Secretary	Dr. Rakesh Yadav Treasurer
Dr. Vimal Mehta Member	Dr. Ramakrishnan Member	Dr. Vinayak Agarwal Member
Dr. Nitish Naik Member	Dr. Sanjeev Sharma Member	





COL.KLCHOPRA AWARD PAPER SESSION

Time 3:30PM - 5:00PM

JUDGES	TOPIC	DURATION	SPEAKER
Sandeep Bansal Girish MP Anil Dhall Rakesh Yadav	Primary percutaneous coronary intervention in elderly population-immediate and short term results.	4+2min	Ankur
	Role of high sensitivity C-reactive protein level in predicting risk of 6 months event rate in patients with chronic stable angina undergoing percutaneous transluminal coronary angioplasty with drug eluting stent.	4+2min	Balram Yadav
	Clinical and angiographic profile of patients with severe left ventricular systolic dysfunction without establish coronary artery diseases.	4+2min	Lokesh
	Role of systolic blood pressure to left ventricular end diastolic pressure ratio and coronary perfusion pressure measurement as prognostic indicators in predicting short term outcomes in patients undergoing primary PCI.	4+2min	Sulabh Chandrakar
	Evaluation of systemic inflammatory and thrombotic markers of cardiovascular risk among young Indian oral tobacco users	4+2min	Dhananjay
	Clinical importance of Thrombomodulin (THBD) gene polymorphisms and its expression patterns in coronary artery Disease patients.	4+2min	Mamta

Prof. R Tandon Memorial Quiz – Final | 5:00-5:45PM

Ramakrishnan Ankit Bansal Safal
Girish MP Anunay Gupta Vishal Batra



Case Snippet- Let's go quizing and Buzzing

Lunch - 1:00pm -1:45pm

SESSION 3: 20-20 IN CARDIOLOGY: 6 MINUTES-6MESSAGES

Time 1:45PM - 3:00PM

Scientific Coordinators: Tarun,Ankit,Subrat

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
A K Ganjoo B D Sharma H K Agarwal BS Vivek Vipul Gupta Ghan Shyam Pangtey	Vaccination in CVD: when and how	6 min	Satyaveer Yadav
	Early repolarization in ECG: when is it abnormal?	6 min	RD Yadave
	Viability test: When should I use Stress thallium, FDG-PET scan or DSE?	6 min	MSK Shubhendu
	How to manage incidentally detected AF	6 min	Gautam Sharma
	My patient with a cardiac implant: can MRI be done?	6 min	Rakesh Verma
5 clinical situations where ICD should not be implanted	Patient with prosthetics heart valve gets pregnant: Challenges in management	6 min	Arun Mohanty
		6 min	Rajeev Rajput

Case Snippet: Let's go Quizing and Buzzing

SESSION 4: STEMI 2020:HEART OF THE MATTER

Time 3:00PM - 3:50PM

Scientific Coordinators: Subrat,Tarun,Ankit

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Case Study	45-year-old male with acute anterior wall MI; Kilip class II 8 hours duration with a SBP of 90 mm Hg		NC Krishnamani (Moderator)
S Anuradha	If thrombolysed, What next?Pharmacoinvasive approach:a clear roadmap	8 min	Rajneesh Kapoor
Ajay Mittal	Improving outcomes of PCI:Practical tips	8 min	Viveka Kumar
Sandeep Singh	Choice of DAPT IN Acute setting: which one and how	8 min	Saibal Mukhopadhyay
Ram Sharma	Cardiogenic shocks in STEMI	8 min	Roopa Salwan
Darbari Lal	Road Blocks to STEMI care and simple solutions	8 min	Rakesh Yadav
Prem Aggarwal			





Case Snippet- Let's go quizzing and Buzzing

SESSION 5: PREVENTIVE CARDIOLOGY: CRUX OF THE MATTER

Time 4:00PM - 4:50PM

Scientific Coordinators: Puneet Gupta, Vishal, Abhinav

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Case Study	55-year-old politician came for health check-up. He is hypertensive, non-diabetic: What all should I do?		Ankit Bansal (Moderator)
SC Manchanda	Estimating ASCVD risk in Indians: Simplified approach	8 min	Suman Bhandari
Sanjay Sood	Patients with High risk of CAD But no known CAD should go to CTA first versus Functional test First.	8 min	Sanjeev Sharma
Sarita Gulati	Dietary fats and CVD: what is the final (my) verdict?	8 min	Mohan Bhargav
MD Gupta	Exercise and CVD: are the benefits real?	8 min	Rajiv Bajaj
SK Parashar	4 situations where Basic and advanced echocardiography is decisive.	8 min	Rakesh Gupta

SESSION 6: NEW AMMUNITION AND OLD BULLETS:
RATIONALE PRACTICES AND PRACTICAL THERAPEUTICS

Time 5:00PM - 6:00PM

Scientific Coordinators: Saurabh, Bhushan, Tarun

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Vinod Sharma	NOACS: Which one to choose in specific conditions	7 min	Vivek Chaturvedi
MK Seth	PCSK9 inhibitors:	7 min	Nagender Chauhan
Sanjay Gupta	Mexiletine and Flecainide: Appropriate indications and usage	7 min	Nitish Naik
Sunit Bhardwaj	7 DAPT dilemmas that I must be clear about.	7 min	Ashwani Mehta
Rajiv Bajaj	ACE-Inhibitors in Heart Failure and CAD: Old is Gold	7 min	Sandeep Bansal
P K Khanna	Metabolic Modulators in CAD: defining evidenced based role	7 min	KK Sethi
Ashok Grover			
Anil Vardani			



SUJOY B ROY AWARD PAPER SESSION

Time 3:30PM - 5:00PM

JUDGES	TOPIC	DURATION	SPEAKER
	Exercise Physiology in Isolated Diastolic Dysfunction	4+2min	Jeetesh Jain
	Study of Novel Inflammatory Markers in Takayasu Arteritis	4+2min	Antony P Pathadan
	Efficacy and safety of oral flecainide in acute conversion of atrial fibrillation followed by short term maintenance therapy in patients who have undergone mitral valve replacement/repair.	4+2min	Faraz Ahmed Farooqui
	Rate of rehospitalization in 60 days of discharge and its determinants in patients with heart failure with reduced ejection.	4+2min	Bhosle Kaka saheb
	Acute and short term effects of successful mitral valvuloplasty on left Atrial compliance and its correlation with clinical outcome.	4+2min	Hanumant Sravan
Harsh Wardhan	Comprehensive assessment of right ventricle function and pulmonary perfusion in patients with Eisenmenger syndrome using multi-modality imaging .	4+2min	Bharath Raj Kidambi
Jamal Yusuf	Ivabradine versus amiodarone for the treatment of postoperative junctional ectopic tachycardia following cardiac surgery in children : a randomized controlled non-inferiority trial	4+2min	Arvind Balaji
HS Isser	Incidence of abnormal upper limb arterial anatomy and its correlation with access failure during trans radial angiography: a real-time angiographic study of clinical relevance	4+2min	Khairnar Sripad vasant
Nitish Naik	Assesment of LV dysfunction following catheter guided pda device closure.	4+2min	Abhimanyu
	The effect of yogic exercises on clinical outcomes in patients with vasovagal syncope- a randomized control trial.	4+2min	Venkat Krishnan
	Effect of percutaneous balloon mitral valvuloplasty on left and right ventricular deformation in patients with isolated severe mitral stenosis: a speckle tracking strain echocardiographic study.	4+2min	Sudhanshu





12:45PM-1:45PM | General Body Meeting and Life time achievement Awards

Scientific Coordinators - Mohit, Girish

Lunch - 1:00pm -2:00pm

10 ACS ECG patterns that I must never forget! | 2:00-2:15PM

Kartikey Bhargava

SESSION 6: MOMENTARY LAPSE OF REASON: IGNORANCE
IS NOT ALWAYS BLISS!

Time 2:15PM - 3:15PM

Scientific Coordinators: Safal, Ankit, Subrat

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Ramesh Arora Vivek Gupta BK Singh Sameer Kubba G D Gupta Anil Gomer	Aspirin in primary Prevention: does it still have some role?	7min	Sanjeev Kathuria
	Refractory angina: offering hope to hopeless	7min	RR Mantri
	Pulmonary thromboembolism: suspect and manage	7min	NN Khanna
	Appropriate use of Cardiac Drugs in Pregnancy: What I must know	7min	Gagan Jain
	Drugs for PAH: rationale combinations and shades of old and new.	7min	Vishal Batra
	Law and Ethics in Clinical Practice	7min	RM Chabbra
	5 situations when biomarkers are really helpful in heart failure	7min	Manish Bansal
	Heart Failure with preserved ejection fraction	7min	Ashish Govil



SESSION 7: HEART FAILURE AND DIABETES SYMPOSIA:
SAVING THE SINKING HEART

Time 6:00PM - 6:50PM

Scientific Coordinators: Bhushan, Tarun, Ankit

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Case Study	65-year-old diabetic female, insignificant CAD; recurrent admissions for worsening HF. LVEF-45%: on ACE-I and beta blockers		Amitabh Yaduvanshi (Moderator)
Hemant Sharma	Reshaping the future of Heart Failure management :unmet needs and novel solutions	8 min	VK Chopra
Anupam Prakash	ARNI in heart Failure: what we must know?	8 min	Subhash Chandra
Sunil Kohli	SGLT2 inhibitors for patients in Heart failure: ready for prime time	8 min	Tapan Ghose
B K Tripathi	Should we add or prefer over metformin: GLP-1, DPP4 or SGLT 2 Inhibitors	8 min	Vinod Mittal
Sandeep Garg	Heart Failure clinics: in 2020 are a must ?	8 min	Sandeep Seth
Prabhat Goel			

SESSION 8: THE DIVISION BELL:POINT-COUNTERPOINT

Time 7:00PM - 7:20PM

Scientific Coordinators: Tarun, Bhushan, Subrat

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Case Study	48 year smoker male with recent onset angina, EF-50%, has Distal left main 90% stenosis with only ostial LAD and LCx involvement		U Kaul (Moderator)
M A Geelani, Anil Gomer	Left main Interventions: Sinking or sailing after Noble and Excel		
S K Modi, Rajnish Jain	Don't be afraid: PCI is a good	10 min	Vijay Trehan
Ramesh Agarwal	Where is the data? Send me for surgery	10 min	OP Yadav
Vinayak Agarwal			

Calmness in Chaos - BK Shivani : 7:30pm Onwards

Dinner : 8:30pm Onwards





Prof. R Tandon Memorial Quiz – Semi-finals | 8:30am-9:00am

Ankit Bansal • Girish MP • Safal • Vishal Batra • Subrat

SESSION 1: CLINICAL MANAGEMENT ISSUES: FACE IT, FIGHT IT, FINISH IT"

Time 9:00AM - 9:45AM

Scientific Coordinators: Ankit, Puneet, Sanjeev Kathuria

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Naresh Pamnani	Iron deficiency Anaemia in Heart Failure: when should I worry and what should I do?	6min	Parneesh Arora
Rakesh Sood	Statin Intolerance in my patient- when should I worry and what should I do?	6min	Deepak Natrajan
Vivek Tandon	Chelation Therapy for chronic stable Angina: I am tired of explaining	6min	Subrat Muduli
Neeraj Pandit	5 Common clinical scenarios for perioperative surgical clearance	6min	Raghav Bansal
S Chandra	Will Compass change the management of chronic coronary syndrome	6min	H S Isser

SESSION 2: RHYTHMS OF HEART

Time 9:45AM - 10:30AM

Scientific Coordinators: Ankit, Puneet, Safal

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Saket Bhardwaj	Sick sinus syndrome: when to pace and when to wait	7min	Rajnish Sardana
Sudhir Oswal	Connected and Wearable Devices for Arrhythmia diagnosis	7min	Vanita Arora
Hem-lata Tiwari	Sudden Cardiac Arrest: How to manage?	7min	Anil Saxena
NN Jha	When to take ventricular ectopic seriously?	7min	Aman Makhija
Pradeep Rustagi	Cardiac Pacing: Past Present and Future	7min	TS Kler

Case Snippet- Let's go quizzing and Buzzing



SESSION 3: THE GREAT LIPID SAGA: DEVIL IS IN THE DETAILS:

Time 10:30AM - 11:15AM

Scientific Coordinators: Safal, Puneet, Vishal

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
Sridhar Dwivedi	There is an urgent need for separate lipid guidelines for south Asians	8min	Raman Puri
R Mehrotra	Novel Approaches to Lipid lowering in 2020	8min	U Kaul
Anupam Prakash	Should I continue high intensity statins when LDL < 40 mg :insights for Indian Population	8min	Vimal Mehta
Sunil Wadhwa	Familial Hypercholesterolemia: an underdiagnosed and undertreated entity	8min	JPS Sawhney

SESSION 4: PRACTICE CHANGING TRIALS AND TECHNOLOGIES

Time 12:00AM - 12:00PM

Scientific Coordinators: Safal, Vishal, Puneet

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
M Khalitullah	10 clinical trials that have changed our practice	10min	VK Bahl
Sandeep Bansal	Intravascular Lithotripsy- breakthrough technology that is redefining the scope of PCI.	10min	Ashok Seth
Saibal Mukhopadhyay	Cutting edge Technologies and imaging in 2020: A world of Opportunities!	10min	Balbir Singh
R S Ahlwa			
D K Chauhan			
KK Talwar			

SESSION 5: CUTTING EDGE TECHNOLOGIES THAT A PHYSICIAN SHOULD KNOW

Time 12:00PM - 12:40PM

Scientific Coordinators: Safal, Ankit, Puneet

CHAIRPERSONS	TOPIC	DURATION	SPEAKER
M Khalitullah	Carotid Stenting 2020: an update	8min	Atul Mathur
H K Chopra	When Vascular interventions create a ray of hope for hopeless	8min	Sanjay Tyagi
C P Roy	Structural Heart Interventions that have revolutionized management	8min	Praveen Chandra
Vipul Roy			
K C Goswami			
UA Kaul			

